

Fitness Room



The Fitness Room at the Miami Springs Community Center features various weightlifting machines that are fit for all ability levels. There is 2 treadmills, 2 elliptical machines, 1 stationsry bicycle, a rowing machine, various free weights and dumbbells that range from 5 lbs to 75 lbs. Whether you are just starting out or have been working out for years the fitness room is for everyone. Fitness room memberships are now available.

Fitness Room Membership Rates:

Adults: 18 & over \$150.00

Senior: 60 & over \$75.00

Youth: 13 – 17 \$150.00 (must be accompanied by a PARENT)

Family of 2: \$188.00

Family of 3: \$263.00

Additional family members \$75.00*

***Immediate Family Members ONLY**

Registration form is attached below

Supporting Documents

 [Membership Forms](#)

Source URL (retrieved on 2013-06-21 19:16): <http://www.miamisprings-fl.gov/parksandrecreation/fitness-room>